





iD Belt Fitting Guide

Our iD Belt products are All-in-One pads with a resealable belt and waistband. Available in a range of sizes and absorbencies, they are designed for those who are active and independent with incontinence.



Step 1

Unfold the product and open out the belt. First from left to right and then from right to left, using the blue tape as a guide. Then fold the product in half lengthways to activate the anti-leak cuffs.



Step 2

Fasten the belt around the waist and secure the resealable tabs. Next bring the pad upwards between the legs ensuring it remains folded/cupped.



Step 3

Fan and smooth the pad out over the abdomen until it is completely open, then secure both sides to the waistband. Ensure that the pad is fastened securely and is fitted closely at the groin.

Wetness Indicator

Each pad has two wetness indicator lines to show the presence of urine. These are a guide to when you need to change the product and can be checked without the need to remove the pad. The yellow line will turn blue and the blue line/writing will fade. When approximately two thirds of the wetness indicator lines have changed colour the pad is ready to be changed. If there has been any faecal soiling then the pad should be changed immediately.

Important Advice

Oil based barrier creams may reduce the performance of the pads. If barrier creams must be used, they should be applied sparingly and only on treatable areas. Store in a cool, dry place. Used products should be disposed of as per local guidelines. Never Flush down the toilet.





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- Online fitting and skincare guides.
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