



## iD Light Fitting Guide

iD Light are ideal for managing light & Stress urinary incontinence.



### Step 1

Remove the pad from the packaging, gently open it and then fold the pad lengthways forming a channel in the middle of the pad.



### Step 2

Remove the paper from the adhesive strip running along the back of the pad. Stuck the pad inside the underwear, making sure the adhesive strip is securely fastened to the underwear.



### Step 3

Pull the pants up ensuring that the pad remains in place and fits closely at the groin. Remember, always wear your pad with close fitting underwear.

## Important Advice

Oil based barrier creams may reduce the performance of the pads. If barrier creams must be used, they should be applied sparingly and only on treatable areas. Store in a cool, dry place. Used products should be disposed of as per local guidelines. Never Flush down the toilet.



**iD Light Advanced**



**iD Light Expert**





**iD**

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